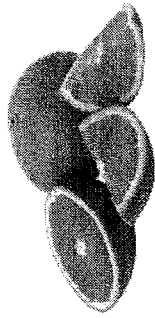


# September Breakfast Menu



## ST. AMBROSE ACADEMY

Monday 9/12/22	Tuesday 9/13/22	Wednesday 9/14/22	Thursday 9/15/22	Friday 9/16/22
<b>WG Cheerios</b>	<b>WG Cinnamon Raisin Bagel w/ Cream Cheese</b>	<b>WG Blueberry Muffin</b>	<b>WG Bagel w/ Cream Cheese</b>	<b>WG Rice Chex Cereal</b>
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate
<b>Monday 9/19/22</b>	<b>Tuesday 9/20/22</b>	<b>Wednesday 9/21/22</b>	<b>Thursday 9/22/22</b>	<b>Friday 9/23/22</b>
<b>WG Cheerios</b>	<b>WG Bagel w/ Cream Cheese</b>	<b>WG Banana Muffin</b>	<b>WG Cinnamon Toast Crunch Cereal</b>	<b>WG Apple Cinnamon Muffin</b>
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate
<b>Monday 9/26/2022</b>	<b>Tuesday 9/27/2022</b>	<b>Wednesday 9/28/2022</b>	<b>Thursday 9/29/2022</b>	<b>Friday 9/30/2022</b>
<b>WG Cheerios</b>	<b>WG Cinnamon Raisin Bagel w/ Cream Cheese</b>	<b>WG Blueberry Muffin</b>	<b>WG Rice Chex Cereal</b>	<b>WG Bagel w/ Cream Cheese</b>
Fresh Fruit or Fruit Juice	Fresh Fruit or Fruit Juice	Fresh Fruit or Fruit Juice	Strawberries	Fresh Fruit or Fruit Juice
1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate

St. Ambrose Academy is an equal opportunity provider and employer

Please Return To School

**Please Note Due To Supply Chain Issues Menus Are Subject To Change**

**September Breakfast MENU**

**DATE DUE: September 12, 2022**

**\* All Breakfast MUST be Pre-Ordered**

Students Name: \_\_\_\_\_ Milk choice : \_\_\_\_\_ 1 % White milk  
Grade \_\_\_\_\_ Fat Free Chocolate milk

**Milk Is Included With Breakfast**

**Total # of Breakfast Ordered: \_\_\_\_\_**

**No Payment Is Required For Breakfast This Year**

**If Only Ordering Milk Please Order Below**

Milk Only 18 days

\$9.00 (\$ .50 Per. Milk)

**Total # of Milk Only Ordered: \_\_\_\_\_**

**PLEASE HELP US!**

**EVERYONE WANTING A BREAKFAST MUST TURN IN AN ORDER**  
**IF YOU DO NOT PRE-ORDER YOUR CHILD MAY NOT RECEIVE A BREAKFAST**

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