

Please Note Due To Supply Chain Issues Menus Are Subject To Change

October Lunch MENU

DATE DUE: September 25, 2023

* All Lunch MUST be Pre-Ordered

Students Name: _____ Milk choice : _____ 1 % White milk

Grade _____ Fat Free Chocolate milk

Milk Is Included With Lunch

Total # of Lunches Ordered: _____

No Payment Is Required For Lunch This Year

If Only Ordering Milk Please Order Below

Milk Only 20 days

\$10.00 (\$.50 Per. Milk)

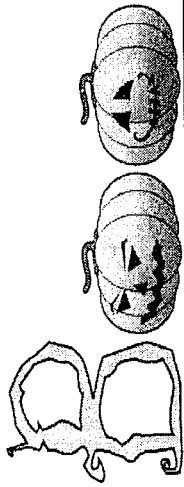
Total # of Milk *Only* Ordered: _____

PLEASE HELP US!

EVERYONE WANTING A LUNCH MUST TURN IN AN ORDER

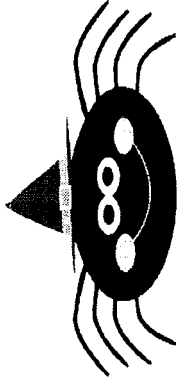
IF YOU DO NOT PRE-ORDER YOUR CHILD MAY NOT RECEIVE A LUNCH


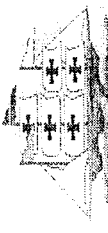





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OCTOBER LUNCH MENU

ST. AMBROSE ACADEMY



Monday 10/2/23	Tuesday 10/3/23	Wednesday 10/4/23	Thursday 10/5/23	Friday 10/6/23
<i>Sloppy Joe</i>	<i>Cheeseburger Sliders</i>	<i>Chicken Teriyaki</i>	<i>Buffalo Chicken & Mac-N-Cheese</i>	No School
Baby Carrots	BBQ Home Fries	Fried Rice w/ Peppers, Carrots & Peas	Cheddar Cheese	<i>Conference Day</i> 
Gold Fish Crackers & WG Bun	WG Bun	Fresh Fruit	Broccoli	
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	
Monday 10/9/23	Tuesday 10/10/23	Wednesday 10/11/23	Thursday 10/12/23	Friday 10/13/23
No School	<i>Pizza Biscuit w/ Chicken Sausage</i>	<i>Smothered Steakburger</i>	<i>Breakfast Casserole</i>	<i>Hearty Chicken & Potato Stew</i>
	Baby Carrots	Corn	Eggs & Turkey Sausage	Lima Beans & Carrots In Stew
	Sweet Potato Crackers	WG Bun	Home Fries & Biscuit	WG Biscuit & WG Cheez-its
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate
Monday 10/16/23	Tuesday 10/17/23	Wednesday 10/18/23	Thursday 10/19/23	Friday 10/20/23
<i>Beef Chili</i>	<i>Rasta Pasta</i>	<i>Pulled BBQ Beef</i>	<i>Southwest Chicken & Rice</i>	<i>Mac & Cheese</i>
Tomatoes Peppers & Beans In Chili	Penne Pasta W/ Green, Yellow & Peppers	Corn	Corn Peppers & Dices Tomatoes in Rice	Cheddar Cheese
WG Biscuit & Goldfish Pretzels	Fresh Fruit	WG Goldfish Crackers & WG Bun	Fresh Fruit	Green Salad
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate
Monday 10/23/23	Tuesday 10/24/23	Wednesday 10/25/23	Thursday 10/26/23	Friday 10/27/23
<i>Pasta Bolognese w/ Ground Beef</i>	<i>Arroz Corn Pollo</i>	<i>Philly Cheese Steak</i>	<i>Chicken Parmesan Pasta</i>	<i>Italian Chicken & Rice</i>
Penne Pasta	Chicken Thighs w/ Rice	WG Bun	Rotini Pasta	Long Grain Rice
Baby Carrots	Mixed Veggies	WG Cheez-its	Green Salad	Spinach & Red Peppers
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate
Monday 10/30/23	Tuesday 10/31/23	HAPPY HALLOWEEN!		
<i>Pizza Sloppy Joe</i>	<i>Cheese Manicotti</i>			
Short Bread	WG Roll			
Baby Carrots	Green Salad			
Fresh Fruit	Fresh Fruit			
1% White or Low Fat Chocolate	1% White or Low Fat Chocolate			

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Please Return To School