

**Please Note Due To Supply Chain Issues Menus Are Subject To Change**

**October Breakfast MENU**

**DATE DUE: September 25, 2023**

**\* All Breakfast MUST be Pre-Ordered**

Students Name: \_\_\_\_\_ Milk choice : \_\_\_\_\_ 1 % White milk  
Grade \_\_\_\_\_ Fat Free Chocolate milk

**Milk Is Included With Breakfast**

Total # of Breakfast Ordered: \_\_\_\_\_

**No Payment Is Required For Breakfast This Year**

**If Only Ordering Milk Please Order Below**

Milk Only 20 days

\$10.00 (\$ .50 Per. Milk)

Total # of Milk Only Ordered: \_\_\_\_\_

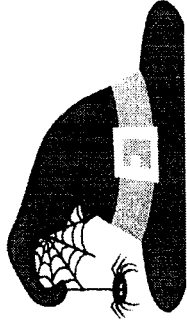
**PLEASE HELP US!**

**EVERYONE WANTING A BREAKFAST MUST TURN IN AN ORDER**  
**IF YOU DO NOT PRE-ORDER YOUR CHILD MAY NOT RECEIVE A BREAKFAST**

St. Ambrose Academy is an equal opportunity provider and employer.

# OCTOBER BREAKFAST MENU

## ST. AMBROSE ACADEMY



Monday 10/2/23	Tuesday 10/3/23	Wednesday 10/4/23	Thursday 10/5/23	Friday 10/6/23
WG Cheerios	WG Plain Bagel w/ Cream Cheese	WG Banana Muffin	WG Cinnamon Toast Crunch Cereal	Fall Conference
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	No School
1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	Friday 10/13/23
Monday 10/9/23	Tuesday 10/10/23	Wednesday 10/11/23	Thursday 10/12/23	WG Plain Bagel w/ Cream Cheese
No School	WG Cinnamon Raisin Bagel w/ Cream Cheese	WG Blueberry Muffin	WG Rice Chex Cereal	Fresh Fruit
 Columbus Day	Fresh Fruit	Fresh Fruit	Fresh Fruit	1% White or Low Fat Chocolate
Monday 10/16/23	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	Friday 10/20/23
WG Corn Chex Cereal	Tuesday 10/17/23	Wednesday 10/18/23	Thursday 10/19/23	WG Apple Cinnamon Muffin
Fresh Fruit	WG Plain Bagel w/ Cream Cheese	WG Banana Muffin	WG Cinnamon Toast Crunch Cereal	Fresh Fruit
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	1% White or Low Fat Chocolate
1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	Friday 10/27/23
Monday 10/23/23	Tuesday 10/24/23	Wednesday 10/25/23	Thursday 10/26/23	WG Rice Chex
WG Cheerios	WG Cinnamon Raisin Bagel w/ Cream Cheese	WG Blueberry Muffin	WG Plain Bagel w/ Cream Cheese	Fresh Fruit
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	1% White or Low Fat Chocolate
1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	Friday 10/27/23
Monday 10/30/23	Tuesday 10/31/23			
WG Cheerios	WG Plain Bagel w/ Cream Cheese			
Fresh Fruit	Fresh Fruit			
1% White or Low Fat Chocolate	1% White or Low Fat Chocolate			
1% White or Low Fat Chocolate	1% White or Low Fat Chocolate			

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Please Return To School