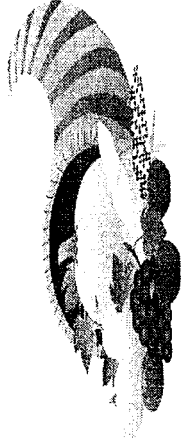
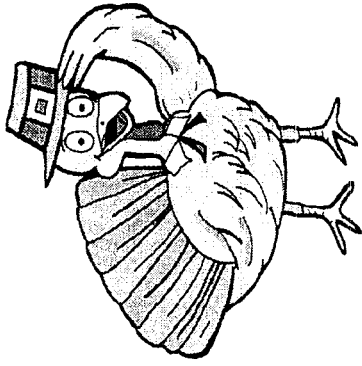




NOVEMBER MENU

ST. AMBROSE ACADEMY



Monday 11/6/23	Tuesday 11/7/23	Wednesday 11/1/23	Thursday 11/2/23	Friday 11/3/23
White Chicken Chili	NO School Election Day	Chicken Teriyaki	Buffalo Chicken Mac -N- Cheese	Braised Chicken Thighs
Biscuit		Fried Rice	WG Pasta	Spanish Rice & Beans
Corn Beans & Peppers		Peas, Peppers & Carrots	Broccoli	WW Dinner Roll
Fresh Fruit		Fresh Fruit	Fresh Fruit	Fresh Fruit
1% White or Low Fat Chocolate		1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate
Monday 11/13/23	Tuesday 11/14/23	Wednesday 11/8/23	Thursday 11/9/23	Friday 11/10/23
Beef Chili	Rasta Pasta w/ Chicken	Smothered Steakburger	No Lunch 1/2 Day For Students	
Biscuit	WG Penne Pasta	WG Dinner Roll	 HAPPY VETERANS DAY	
Pretzel Goldfish	Mixed Peppers	Corn		
Fresh Fruit	Fresh Fruit	Fresh Fruit		
1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate		
Monday 11/20/23	Tuesday 11/21/23	Wednesday 11/15/23	Thursday 11/16/23	Friday 11/17/23
Pasta Bolognese w/ Ground Beef	Arroz Con Pollo w/ Chicken Thighs	Pulled BBQ Beef	Southwest Chicken	Mac & Cheese
WG Penne Pasta	Rice	WG Bun & Goldfish Crackers	Southwest Rice	WG Pasta & Cheddar Cheese
Baby Carrots	Mixed Veggies	Corn	Corn, Peppers, & Tomatoes	Sauteed Spinach
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	1% White or Low Fat Chocolate
Monday 11/27/23	Tuesday 11/28/23	Wednesday 11/22/23	Thursday 11/23/23	Friday 11/24/23
Pizza Sloppy Joe	Penne & Meatballs	No School Thanksgiving Break		
WG Sourdough	Sauteed Spinach	 Happy Thanksgiving!		
Baby Carrots	Ketchup			
Fresh Fruit	Fresh Fruit			
1% White or Low Fat Chocolate	1% White or Low Fat Chocolate			
Monday 11/27/23	Tuesday 11/28/23	Wednesday 11/29/23	Thursday 11/30/23	
		Chicken Fajita	Chicken Broccoli Alfredo	
		Rice	Roasted Pasta	
		Peppers	Broccoli	
		Fresh Fruit	Fresh Fruit	
		1% White or Low Fat Chocolate	1% White or Low Fat Chocolate	

St. Ambrose Academy is an equal opportunity provider and employer

Please Keep For Your Records

Please Note Due To Supply Chain Issues Menus Are Subject To Change

November Lunch MENU

DATE DUE: October 23, 2023

** All Lunch MUST be Pre-Ordered*

Students Name: _____ Milk choice : _____ 1 % White milk

Grade _____ Fat Free Chocolate milk

Milk Is Included With Lunch

Total # of Lunches Ordered: _____

No Payment Is Required For Lunch This Year

If Only Ordering Milk Please Order Below

Milk Only 18 days

\$8.00 (\$.50 Per. Milk)

Total # of Milk *Only* Ordered: _____

PLEASE HELP US!

EVERYONE WANTING A LUNCH MUST TURN IN AN ORDER

IF YOU DO NOT PRE-ORDER YOUR CHILD MAY NOT RECEIVE A LUNCH

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