

NOVEMBER LUNCH MENU


ST. AMBROSE ACADEMY

SARKIS CATERERS



| Thursday 11/1/18 | Friday 11/2/18 | | | |
|---|--------------------------------------|--------------------------------------|--------------------------------------|--------------------------------------|
| <i>Chicken Fajita</i> | <i>Pizza</i> | | | |
| Peppers, Onions, Tomatoes & Refried Beans | Carrots & Ranch | | | |
| WW Tortilla | Fresh Fruit | | | |
| Fresh Fruit | <i>1% White or Low Fat Chocolate</i> | | | |
| <i>1% White or Low Fat Chocolate</i> | <i>1% White or Low Fat Chocolate</i> | | | |
| Thursday 11/8/18 | Friday 11/9/18 | | | |
| <i>Sloppy Joe</i> | No School Staff Retreat | | | |
| Corn | | | | |
| WW Bun | | | | |
| Fresh Fruit | | | | |
| <i>1% White or Low Fat Chocolate</i> | | | | |
| Thursday 11/15/18 | Friday 11/16/18 | | | |
| <i>Sloppy Joe</i> | <i>Pizza</i> | | | |
| Broccoli | Carrots & Ranch | | | |
| WW Bun | Fresh Fruit | | | |
| Fresh Fruit | <i>1% White or Low Fat Chocolate</i> | | | |
| <i>1% White or Low Fat Chocolate</i> | <i>1% White or Low Fat Chocolate</i> | | | |
| Thursday 11/22/18 | Friday 11/23/18 | | | |
| NO SCHOOL THANKSGIVING BREAK | | | | |
| Monday 11/26/18 | Tuesday 11/27/18 | Wednesday 11/28/18 | Thursday 11/29/18 | Friday 11/30/18 |
| <i>Chicken & Gravy</i> | <i>Mac & Cheese</i> | <i>Sweet & Sour Meatballs</i> | <i>Chicken Salad Sandwich</i> | <i>Pizza</i> |
| Mashed Potatoes | Cheddar Cheese | California Blend | Carrots w/ Hummus | Romaine Salad |
| WW Dinner Roll | Green Beans | Brown Rice | WW Bread | Italian Dressing |
| Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |
| <i>1% White or Low Fat Chocolate</i> | <i>1% White or Low Fat Chocolate</i> | <i>1% White or Low Fat Chocolate</i> | <i>1% White or Low Fat Chocolate</i> | <i>1% White or Low Fat Chocolate</i> |

| Monday 11/5/18 | Tuesday 11/6/18 | Wednesday 11/7/18 |
|--------------------------------------|--------------------------------------|--------------------------------------|
| <i>Chicken Parm</i> | <i>Turkey Hotdog</i> | <i>Sweet & Sour Chicken</i> |
| Green Beans | Carrots | Stir Fry Veggies |
| WW Dinner Roll | WW Bun & Ketchup | Brown Rice |
| Fresh Fruit | Fresh Fruit | Fresh Fruit |
| <i>1% White or Low Fat Chocolate</i> | <i>1% White or Low Fat Chocolate</i> | <i>1% White or Low Fat Chocolate</i> |

| Monday 11/12/18 | Tuesday 11/13/18 | Wednesday 11/14/18 |
|---|--------------------------------------|--------------------------------------|
| No School | <i>Mac & Cheese</i> | <i>BBQ Chicken</i> |
|  | Cheddar Cheese | Mixed Veggies |
| | Peas & Diced Tomatoes | Brown Rice |
| | Fresh Fruit | Fresh Fruit |
| | <i>1% White or Low Fat Chocolate</i> | <i>1% White or Low Fat Chocolate</i> |

| Monday 11/19/18 | Tuesday 11/20/18 | Wednesday 11/21/18 |
|--------------------------------------|--------------------------|---|
| <i>Meatball Sub</i> | No Lunch Half Day |  NO SCHOOL THANKSGIVING BREAK  |
| Broccoli & WW Bun | | |
| Fresh Fruit | | |
| <i>1% White or Low Fat Chocolate</i> | | |

| Monday 11/26/18 | Tuesday 11/27/18 | Wednesday 11/28/18 | Thursday 11/29/18 | Friday 11/30/18 |
|--------------------------------------|--------------------------------------|--------------------------------------|--------------------------------------|--------------------------------------|
| <i>Chicken & Gravy</i> | <i>Mac & Cheese</i> | <i>Sweet & Sour Meatballs</i> | <i>Chicken Salad Sandwich</i> | <i>Pizza</i> |
| Mashed Potatoes | Cheddar Cheese | California Blend | Carrots w/ Hummus | Romaine Salad |
| WW Dinner Roll | Green Beans | Brown Rice | WW Bread | Italian Dressing |
| Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |
| <i>1% White or Low Fat Chocolate</i> | <i>1% White or Low Fat Chocolate</i> | <i>1% White or Low Fat Chocolate</i> | <i>1% White or Low Fat Chocolate</i> | <i>1% White or Low Fat Chocolate</i> |

St. Ambrose Academy is an equal opportunity provider and employer

Please Keep For Your Records

